

The Rose

Santa Teresita's Monthly Newsletter

February 10, 2013

Volume 3, Issue 2

Living Lent

“The life of a Christian is a life of faith, founded on the Word of God and nourished by it. In the trials of life and in each temptation, the secret of victory consists in listening to the Word of truth and rejecting with determination the lie of evil. This is the authentic and central program of the Lenten Season: to listen to the Word of truth, to live, speak and do the truth, to reject lies that poison humanity and are the door to all evils. It is urgent, therefore, during these 40 days, to again listen to the Gospel, the Lord's Word, Word of truth, so that in every Christian, in



Finances and Mount Carmel Health Ministries are Moving!

Finances and Mount Carmel Health Ministries (MCHM) will be relocated to Alhambra on March 18, 2013. Effective March 15, 2013, the new location for payment of invoices and in person contact will be Santa Teresita Administration, located on the 4th floor of the Medical Office Building. The new contact information for Finances and MCHM will be as follows:

Address: 920 E. Alhambra Rd.

Alhambra, CA 91801

Phone: (626) 289-1353

Emails will not change and a new fax number will be provided soon.



each one of us, the awareness be reinforced of the truth that has been given us, to live it and be his witnesses. Lent stimulates us to let the Word of God penetrate our life and in this way to know the fundamental truth: who we are, where we come from, where we must go, what path we must take in life. Thus, the Lenten season offers us an ascetic and liturgical journey that, helping us to open our eyes in face of our weakness, makes us open our hearts to the merciful love of Christ.” -



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www.santa-teresita.org

Upcoming Events

Saturday, February 23rd

2:30-4:30 pm

Mother Luisita Family Day in Madonna Hall - Folklorico and Sisters Singing

RSVP: (626) 408-7802

Saturday, March 9th

1:30-3:00 p.m.

Open House

Bethany Assisted Living,
Good Shepherd Cottage and
Manor Skilled Nursing

RSVP: (626) 408-7802

Saturday, March 9th

9:00 am rain or shine!

Hayden 5K Run, Family Walk and Roll

Info and Registration, please visit:

www.hayden5k.com

Thursday, March 14th

8:00 a.m.

“What is Diabetes”

by Gilbert Walton, M.D.

LIFE Breakfast in Madonna Hall

RSVP: (626) 408-7802

Thursday, March 21st

10:30-11:30am

“Programs, Activities & Facilities.”

City of Duarte

Senior University in Madonna Hall

Info: (626) 408-7815

Thursday, April 11th

8:00 a.m.

“LIFE Breakfast in Madonna Hall

RSVP: (626) 408-7802

Saturday, April 20th

Family Faith Festival

Catechetical Corner

“What is Lent?”

Lent is the forty days before the Feast of Easter. During this time, Catholics traditionally practice some form of penance or mortification. Forty days is very symbolic in the Scriptures. One might recall the forty years the Israelites spent in the desert, the forty days that Noah experienced on the arc, but above all, we remember the forty days Christ spent in the desert in prayer and fasting. The Catechism of the Catholic Church states: “Jesus' temptation reveals the way in which the Son of God is Messiah, contrary to the way Satan proposes to him and the way men wish to attribute to him. This is why Christ vanquished the Tempter for us: “For we have not a high priest who is unable to sympathize with our weakness, but one who in every respect has been tested as we are, yet without sinning.” (Heb. 4:15) By the solemn forty days of Lent the Church unites herself each year to the mystery of Jesus in the desert.” (CCC 540)



Running the Race

St. Paul compares this present life to running a race. He encourages each of us to do our best, to train and discipline ourselves in such a way as to win the greatest race by persevering in the faith. Consider yourself officially invited to a of fun-filled day of race training. In this Year of Faith, the race is still on and Hayden Child Care Center knows how to host the best training session possible. With a family-oriented atmosphere of faith and fun, every person can find what they need to be well equipped for our annual 5K Family Run, Walk and Roll. Throughout the years, we have even had more participation from our “holy rollers.” Wheelchairs and

strollers line up side-by-side at the start up line to see who can make it successfully to the finish line. As the youngest and oldest of our campus unite to run the race together, they find themselves built up by mutual encouragement. As the first racers arrive, many stay by the finish line to cheer on their companions to complete the race they began. After an invigorating run, jog or walk, families celebrate together, enjoying delicious food and delightful entertainment. This is one race that you will not want to miss. No matter where you rank on the time clock, your time is sure to be well spent in a healthy and fun day at Santa Teresita. Come join us for the race!



A Super Party

On February 3, 2013, the Residents of the Good Shepherd Cottage had more to celebrate than the victory of the Ravens. Of course, a great football game also added to the fun of the evening, but more importantly, this was the first big family party held at the Good Shepherd Cottage. Family members enthusiastically arrived carrying an entourage of goodies and meal fixings for a good number of people. Children, Grandchildren and even a few Great-Grandchildren graced the hallways and patios of the new home and the Barbeque was set to

fire up a delicious meal. The joy was palpable. As the men gathered around the television, the women enjoyed each other's company, some sitting on the patio while others busied themselves in the kitchen. The children played as the adults conversed or debated about who would win the Superbowl. The evening wound down to a beautiful ending and the Good Shepherd Cottage had it's first taste of a good family party, just one of what we hope will be many more. Truly this has become home for our Residents and their families.

