

The Rose

SANTA TERESITA'S MONTHLY NEWSLETTER
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Morrison Senior Living at Santa Teresita

In a constant effort to enhance the services provided to our residents, Santa Teresita looks for innovative ways to optimize our care experience. As part of this effort, we are proud to announce the coming of *Morrison Senior Living* to our campus. *Morrison Senior Living* is the nation's only company exclusively dedicated to providing food, nutrition and hospitality services to the senior living industry, serving more than 450 senior living clients throughout the country. Their skill and expertise in providing great-tasting and healthy food with an appealing presentation is a welcome addition to our services. They strive to enhance each resident's dining experience with healthful, whole, unprocessed foods that are worth talking about. We look forward to a fruitful and long-term working relationship with Morrison. To learn more about *Morrison Senior Living*, visit their web-site at www.morrisonseiniorliving.com.



Eduardo Aguirre,
Director of Dining Services



Gabrielle Guzman,
Nutrition Care Manager



A Mother's Heart - Mother Luisita

Foundress of the Carmelite Sisters of the Most Sacred Heart of Los Angeles, Mother Luisita is a mother who still speaks to our hearts today. Born in Mexico, but forced to flee to the United States to escape a bloody religious persecution, this courageous woman sought always to bring people to Christ. Her message and witness emphasizes the personal love of Jesus for each soul and a complete confidence in his faithful help. She reminds us constantly, "*for greater things you were born.*" In other words, each person is created for eternity, an eternity to be spent in the loving embrace of our Heavenly Father. During the month of February we remember Mother Luisita in a particular way, since February 11th marks the 77th Anniversary of her entrance into eternity. Let us ask, through her intercession, for the grace to live in the knowledge of the greatness for which we were created.

"For greater things you were born..."



Pictured above: Venerable Mother Luisita & Mother Margarita Maria



Hayden 5k Run, Family Walk & Roll
Saturday, March 8, 2014
www.hayden5k.com





“Mary-a Model of Service”

“In those days Mary arose and went with haste into the hill country...” (Lk 1:39) What strikes us about Mary is above all her loving concern for her elderly relative. Hers is a practical love... The Blessed Virgin does not merely give her cousin something of herself; she gives her whole self... Nothing is said to us about the three months that Mary stayed with her kinswoman Elizabeth. Yet perhaps we are told the most important thing: that goodness works quietly, the power of love is expressed in the unassuming quietness of daily service. By her words and her silence the Virgin Mary stands before us as a model for our pilgrim way. (Homily at Lourdes on Aug. 15, 2004)



Let's Get Cookin'

A new opportunity has come for our residents! Starting this past month, participants actively enjoy a scrumptious cooking class. Featuring simple, traditional dishes, activity staff work side-by-side with residents to create fresh culinary delights. Each resident has the chance to participate in different aspects of the cooking process. Not only for those with a natural knack at cooking, this class provides opportunities for all. Some enthusiastically join the preparation, others like to add the last touches with delicious toppings, but everyone gets to relish the triumphant conclusion. Keep an eye out for “Let's Get Cookin'” on our activity calendar and come join the cooking fun!



Memorialize Your Intentions at Santa Teresita

If you would like to make your prayer intentions a permanent part of the physical grounds of Santa Teresita and a spiritual part of the prayers of the Carmelite Sisters, we invite you to engrave the names of your families or special prayer intentions with a *Donor Tree of Life Leaf*. Join us more tangibly in prayer and in support of our “*Service of the Family for Life*” at Santa Teresita.

- **Donor Tree of Life Leaf \$500**
Engraved leaf will be attached to our Donor Tree of Life located in the chapel vestibule.

TO LEARN MORE ABOUT OUR VARIOUS GIVING OPPORTUNITIES,
visit our website:

www.santa-teresita.org/giving/naming-opportunities/
or contact us: 626-576-4910

UPCOMING EVENTS!

Every Saturday
Rosary Makers
9:00 am – 12:30 pm
Cafeteria
626-408-7802

Saturday, March 8th, 2014
Hayden 5K Run, Family Walk & Roll
8:00 am – 1:30 pm
All ages!
www.hayden5k.com

Thursday, March 13th, 2014
LIFE Breakfast
Madonna Hall
8:00 am – 10:30 am
\$4.50 Seniors 55+
\$5.50 all others
RSVP: 626-256-3059

Sunday, March 16th, 2014
Brunch and Tour
Good Shepherd Cottage
11:30 am
RSVP: 626-256-3055

Monday, March 17th, 2014
St. Patrick's Residents' Party
Madonna Hall
11:30 am

Thursday, March 20th, 2014
Senior University
Madonna Hall
10:30 am



Visit: www.santa-teresita.org for event updates!