

The Rose

SANTA TERESITA'S MONTHLY NEWSLETTER

August/ September 2013

Volume 3, Issue VIII

UPCOMING EVENTS!

Every Saturday

Rosary Makers

9:00 am – 12:30 pm

Cafeteria

626-408-7802

Saturday, August 17, 2013

Our Lady's Mass & Luncheon

10:00 am – 2:30 pm

Madonna Hall

626-408-7821

Saturday, August 24, 2013

Luau with Santa Teresita Residents

11:00 am

Madonna Hall

Tuesday, August 27, 2013

Manor Family Council

11:00 am

Manor-1st Floor Media Room

626-359-3243, ext. 3434

Thur., September 12, 2013

LIFE Breakfast in Madonna Hall

8:00 am – 10:30 am

RSVP: 626-408-7802

Wed., September 18, 2013

Hayden Back to School Night

7:00 pm

Madonna Hall

626-359-9592

Thursday, September 19, 2013

Senior University in Madonna Hall

10:30-11:30 am

626-408-7815

Visit: www.santa-teresita.org
for event updates!



Transition to Senior Care

Transitions are difficult- no one will argue with that fact. The first day of school, a new job- exciting as these days may be, there is still a trace of the unknown,

and the unknown can be difficult to face. But what happens when someone is faced with an even greater transition, leaving all that is familiar and moving into a new and unfamiliar place that is supposed to be called *home*? This is often how we view the transition to an Assisted Living or Skilled Nursing Facility.

What are some of the greatest challenges in making this transition and what are some answers in overcoming these challenges so that a new and vibrant life can begin?

- 1. Not knowing where to start.** *There is knowledge of a need for greater assistance in daily living, but where do we begin? It begins with a phone call and the people will guide you through the process.*
- 2. Expense.** *How much will it all cost and will insurance pay? Depending on the level of care that is right for you or your loved one, the costs can be figured out on a personal level.*
- 3. Making Plans.** *What should be done with property and other personal assets? Big decisions do not need to be made all at once. Many places, like Santa Teresita, offer short-term trial stays. This eases the weight of the decisions and allows you and your family to be better equipped to plan into the future.*

The key to facing these very real challenges is to find a good resource person to help guide you through the process. The bottom line is that you or your loved one needs care and assistance that would increase his/her quality of living. Santa Teresita's Admissions staff is familiar with the common questions and concerns that arise when having to make these life-changing decisions. Though apprehensive at first, many of our residents at *Santa Teresita* look back and say *"This is the best decision I've made. I am at home now."* If you or someone you know needs to start the process of transition into Assisted Living or Skilled Nursing, we can assist you in the journey to a new and vibrant life!

TO MAKE THAT FIRST STEP, SIMPLY CONTACT
SANTA TERESITA ADMISSIONS AND MARKETING
MARKETING@SANTA-TERESITA.ORG
626-256-3055



Santa
Teresita



A NEIGHBORHOOD OF CARE

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Catechetical Corner

Elements of a Christian Marriage



What are the essential elements of a Christian marriage? Here are key elements that define union between a man and woman in a Christian marriage:

- (1) **Unity:** Marriage is a covenant that by its very nature brings about physical, emotional, intellectual, and spiritual union between a man and a woman.
- (2) **Indissolubility:** Marriage lasts “... until death do us part.”
- (3) **Openness to generating new life:** Every marriage must be open to the gift of children.
- (4) **Commitment to the spouse’s welfare:** “... In sickness and in health, in good times and in bad...” “Sexuality, by means of which man and woman give themselves to one another through the acts which are proper and exclusive to spouses, is not something simply biological, but concerns the innermost being of the human person as such. It is realized in a truly human way only if it is an integral part of the love by which a man and woman commit themselves totally to one another until death” (CCC #2361). Through the sexual act and openness to children, the marriage bond is strengthened and the unity between husband and wife become a wonderful sign of God’s love and fidelity to His children.



Yesterday...

Happy 83rd Anniversary, Santa Teresita!

On August 2, 2013, Santa Teresita celebrated 83 years serving the San Gabriel Valley and beyond in healthcare ministry, providing skill, compassion, and a commitment to preserving the dignity of all human life from conception to natural death. Beginning as a tubercular unit for young girls in 1930, Santa Teresita originally consisted of an old farmhouse, a garage, and two small buildings. The Carmelite Sisters worked hard in “shaping up” the property and purchasing equipment, turning the tiny cottages, which were once chicken coups, into patients’ rooms and converting the old garage into a hall for ambulatory patients. Today, responding to the dramatic changes in the health care climate, we have essentially gone back to our roots. With a particular focus on the long-term needs of the elderly, we are once again, “shaping up” the property and building new “cottages.” By their design and with our dedicated healthcare staff, we communicate our commitment to affirm and defend the beauty, purpose and sacredness of all human life.

While a person’s physical capacities may diminish over time, the individual does not. We all have a capacity to continue to grow in vibrancy, interior beauty and in experiencing an inner fullness in each moment that we are alive. Today, Santa Teresita continues its mission of being “*At the Service of the Family for Life*” by incorporating the whole family in a unique intergenerational approach to eldercare.

Today!



Our Lady of Mount Carmel Rosary Makers

For more information, please call 626-408-7802

Have you ever passed by the Cafeteria on Saturday mornings and wondered what all those people were doing, gathered around tables, chatting and laughing? That group is formally called *Our Lady of Mount Carmel Rosary Makers*, or simply the “*Rosary Makers*.” The group started in the late 1990’s and included Ben & Lilly Temilloso, Emma Villa, and Cristina Nera under the devoted guidance of Sister Teresina, who faithfully met every Saturday morning. “*Now we have 45 rosary makers*,” says Sr. Teresina, “... and we have given away more than 336,000 rosaries to those who do not have a rosary and to the missions in countries all over the world, including India, the Philippines, Nigeria, Mexico, and Poland.” When asked how many years he had been a part of the group, Adolf Corzo says, “*When things are rewarding, you don’t count.*” These wonderful volunteers hand-bead each and every rosary, using a variety of colors and lovingly crafting each one in honor of our Blessed Mother. Many of the rosary makers are long-time volunteers, residents, or family of residents who have somehow been affiliated with Santa Teresita. Anyone interested in participating is invited to attend and to bring some food to share!

