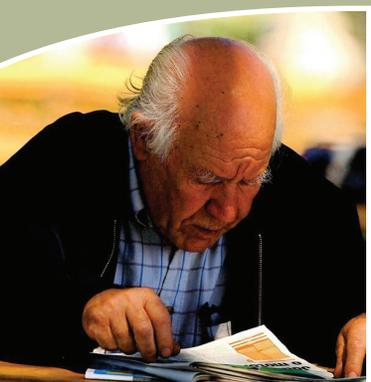


The Rose

SANTA TERESITA'S MONTHLY NEWSLETTER
SEPTEMBER/ OCTOBER 2014 - VOLUME IV, ISSUE IX



Are you experiencing **LOW VISION?**

In partnership with the Braille Institute, Santa Teresita will be hosting a 4-part series of **FREE** seminars on **TUESDAYS** from **10:30am-11:30am** at the Manor Media Room (*next door to Sun Room*). Classes offered by the Braille Institute are for those who are experiencing difficulty with daily living tasks due to sight loss. Classes are open to the public.

Sept. 9- Understanding Vision Loss & the emotional impact

Signs and symptoms of low vision, are you at risk? What are the possible treatments? What is our Low Vision Wellness program?

September 16: The Business of Living

Learn how to identify and separate paper and coin money, find accessible banking, writing guides & paper, shopping and dining tips.

September 23: Getting Around Town

Learn some orientation and mobility information such as using your senses, how to keep safe and planning ahead.

September 30: Staying Connected

Learn about the latest uses of technology for people with Low Vision, Our Library Services, Resources, Low Vision Consults, About Braille Institute.

For information on the classes, please call the Braille Institute at (323) 906-3170, for location information, please call (626) 408-7802.

Santa Teresita Manor Media Room
819 Buena Vista Street, Duarte, CA 91010

NEW Fire Sprinkler System for the Manor!

If you have walked through the Manor in the last month, you may have noticed tarps up and extra Slater Builders staff working hard. This is because we are currently in full swing in upgrading the fire sprinkler system in the Manor in accordance with federal regulations that require buildings, such as Santa Teresita Manor, that were constructed under an earlier code, to bring the building into compliance with current fire safety codes.

So far, the entire project has gone very smoothly. We are ahead of schedule; the noise is not as bad as anticipated, especially knowing the benefit of enhancing safety of the building; and Santa Teresita staff has been so good about pitching in when residents have to temporarily be moved or areas need to be cleaned up. "One resident, anxious to return to her room the first day, noticed that the plastic containment was being taken down by the Slater Builders Team. She wheeled herself over and began to help them!" exclaimed Sister Marie Estelle, who helped facilitate the project.

Our resident families have also been so accommodating and understanding of the minor inconveniences the project has placed on their loved one. The project adds a spontaneity to the day and the Construction Team are becoming familiar faces and the staff, residents and Sisters have enjoyed having them here in our home! The project is scheduled for completion in November of 2014!

Fun Quotes from residents about the project:

- "I like to keep my eye on them (the workers)!"
- "Excellent! I didn't mind having to be out of my room for a day while they worked."
- "The workers are really nice."
- "I like to have the workers around; I have become friends with them."

“Words of Hope”

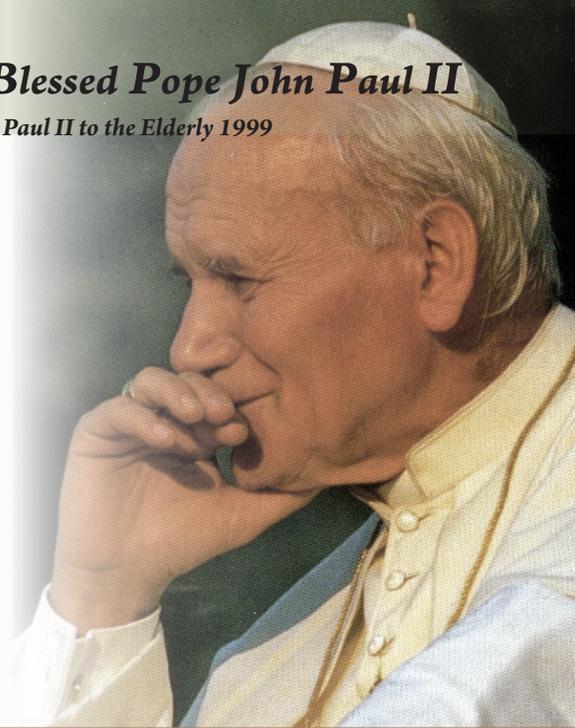
Reflections from the writings of Blessed Pope John Paul II

Letter of His Holiness Pope John Paul II to the Elderly 1999

“As an older person myself, I have felt the desire to engage in a conversation with you ... at our age it is natural to revisit the past in order to attempt a sort of assessment... The passage of time helps us to see our experiences in a clearer light and softens their painful side... Sometimes it is a matter of problems and sufferings which can sorely test our mental and physical resistance, and perhaps even shake our faith. But experience teaches that daily difficulties, by God’s grace, often contribute to people’s growth and to the forging of their character.

Beyond single events, the reflection which first comes to mind has to do with the inexorable passage of time. ‘Time flies irretrievably’, as the ancient Latin poet, Virgil, put it. Man is immersed in time; he is born, lives and dies within time.

If the life of each of us is limited and fragile, we are consoled by the thought that, by virtue of our spiritual souls, we will survive beyond death itself. Moreover, faith opens us to a ‘hope that does not disappoint’ (Rom 5:5), placing us before the perspective of the final resurrection. Christ is ‘the beginning and the end, Alpha and Omega. All time belongs to him and all the ages’. He ‘became a man among men, in order to join the beginning to the end, man to God’ (St. Irenaeus).



God Reward You...

NEW Wheels On Campus!

Patron Saints Foundation!

Santa Teresita was recently awarded a grant by the Patron Saints Foundation to purchase two brand new electric golf carts to be used in service of our beloved residents. These carts will enable them to be driven around our 12-acre property to the many different activities they have on campus. Each cart was custom-ordered for our residents with room for their walkers; stepstool for safer loading and unloading;



seatbelts, headlights, a rearview mirror, and a horn for safer driving. The cherry on top was a full-length roll down rain cover for protection from the rain!

Please join us in gratitude and thanksgiving for the generosity of the Patron Saints Foundation and for their contribution in our mission of being “At the Service of the Family for Life!”

Lean Into the Wind

CD’s on sale for \$15.00 @ Santa Teresita Administration, 4th Floor Reception.

- Check or cash only
- Mon. to Fri. 8:00 - 4:30 pm.
- Call 626-408-7802



UPCOMING EVENTS!

Rosary Makers
Every Saturday
9:00 am – 12:30 am
Cafeteria
626-408-7802

LIFE Breakfast:
“Downsizing for Seniors”
Thursday, September 11th, 2014
Madonna Hall
8:00 am – 10:30 am
\$4.50 Seniors 55+ | \$5.50 all others
RSVP: 626-256-3059

Mexican Independence Day Fiesta
Tuesday, September 16th
Madonna Hall
11:30 am – 1:00 pm
RSVP: 626-733-7057

Braille Institute Seminars (see front page)
Every Tuesday in September
Manor Parlor
10:30 am – 11:30 am
RSVP or more info: 323-906-3170

One Voice Choir
Saturday, September 27th
Madonna Hall
1:00-3:00pm
RSVP: 626-733-7057



Memorialize Your Intentions

If you would like to make your prayer intentions a permanent part of the physical grounds of Santa Teresita and a spiritual part of the prayers of the Carmelite Sisters, we invite you to engrave the names of your families or special prayer intentions with a Paver-Promenade.

- **Paver-Promenade \$250**

TO LEARN MORE ABOUT OUR VARIOUS GIVING OPPORTUNITIES,
visit our website:

www.santa-teresita.org/giving/naming-opportunities/
or contact us: 626-408-7810

Visit: www.santa-teresita.org for event updates!